

Winter 2024 Program Guide

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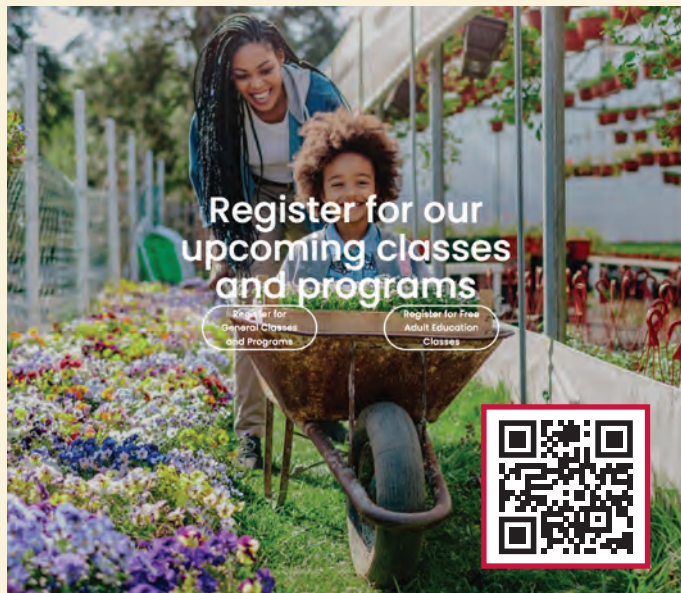
Discover

D214 Community Education



How to Create your own
YouTube Channel
p. 26

Visit our website for even more programs and class details!



ce.d214.org

- New classes and workshops offered
- Details on class dates, times, locations, etc.
 - See a class without a date listed? Scan the QR code on that page to find the information online.
- Travel day trips and extended tours
- Cultural & Performing Arts shows and tickets
- And much, much more!

Also, be sure to sign up to receive our emails for the latest updates from Community Education. Scroll to the bottom of the website homepage and look for the contact form to complete.

Want to stay updated?

Sign up with your email address to receive the latest Community Education news and updates. We respect your privacy. We will never share your personal information with anyone outside of District 214.

Email

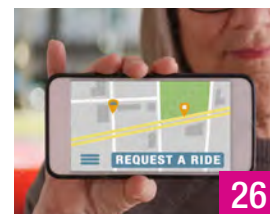
First Name

Last name

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Mark Your Calendars!

Winter 2024

No Class and Make-Up Dates

No Class: 1/15, 2/19, 3/29-3/31

Make-Up Week: 3/25-3/28

■ There are no regularly scheduled classes during make-up weeks. Classes canceled by the instructor may be made up during a make-up week or at a mutually agreed upon day and time.

D214 CE Gold Card

If you are a resident of D214 and 62 years or older, you are eligible for a free D214 Community Education Gold Card. Gold Card members receive discounts for designated D214 High School and Community Education programs, games and performances.

Apply for a Gold Card online at ce.d214.org/goldcard or call 847-718-7700.



Our Mission

To provide
high-quality
community
education
programming
to residents
of all ages.

Administrators and Staff

Superintendent

Dr. Scott Rowe

Board of Education

Alva J. Kreutzer

President

Mildred "Millie" Palmer

Vice President

William J. Dussling

Frank Fiarito

Mark Hineman

Andrea Rauch

Leonard "Lenny" Walker

Community Education Staff

Patrick Mogge

Director of Community Engagement
and Outreach

Karen Oswald

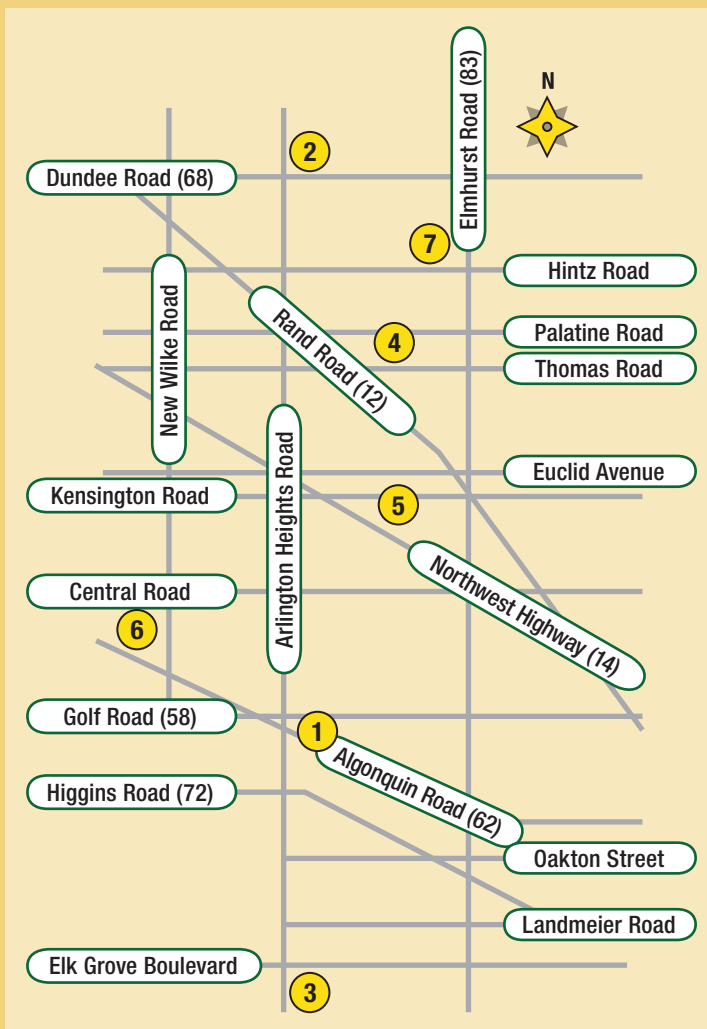
Community Engagement
Supervisor

Katie Campbell

Community Engagement
Supervisor

Campus Locations and Entrances

- 1 **Forest View Educational Center (FVEC)**
Community Education Main Office
2121 South Goebbert Road
Arlington Heights
- 2 **Buffalo Grove High School (BGHS)**
1100 West Dundee Road
Buffalo Grove
- 3 **Elk Grove High School (EGHS)**
500 Elk Grove Boulevard
Elk Grove Village
- 4 **John Hersey High School (JHHS)**
1900 East Thomas Street
Arlington Heights
- 5 **Prospect High School (PHS)**
801 West Kensington Road
Mount Prospect
- 6 **Rolling Meadows High School (RMHS)**
2901 West Central Road
Rolling Meadows
- 7 **Wheeling High School (WHS)**
900 South Elmhurst Road
Wheeling



Welcome!



Dear Community Members:

Welcome to District 214 Community Education's winter program guide. In my letter introducing the fall guide, I touched on District 214's rich traditions and the way they serve

as a foundation for innovation.

In this edition I want to mention the ways in which Community Education and the entire district continue to grow to meet the changing needs of our community.

Over time, the Northwest suburbs have become richly diverse in many ways, including our composition in terms of race, national origin, and religion. The arrival of many neighbors who are new to the country has given Community Education an opportunity to assist in this important transition. In this issue, you will find the inspiring account of Vasyi Mattichuk, who arrived in the United States from Ukraine seven years ago to build a better life. After working hard and appreciating newfound opportunities for several years, he read about Community Education's citizenship preparation classes, which he credits with preparing him for successfully completing the process to become a U.S. citizen.

This edition also has a compelling story on how District 214 is addressing diversity through an innovative curriculum in religious literacy. Led by Prospect High School's John Camardella, world religions teachers from the district last summer presented to the Parliament of the World's Religions 2023 convocation in downtown Chicago. The presentation was titled: "A U.S. Public School District Fully Committed to Religious Literacy? Yes!" As Mr. Camardella says, "We don't have to agree with each other, but we are going to be respectful. It's not an issue of acceptance. But we need awareness and understanding. That gives us a real chance at peace."

Also in this program guide is a lengthy list of Community Education classes and programs for all ages and all interests. I believe there will be something that appeals to you.

Sincerely,

Alva J. Kreutzer, President
Board of Education



Dear Community Members:

Welcome to the winter issue of the Community Education program guide. As always, we are pleased to present a broad variety of learning opportunities and programs offered by our Community Education staff. Browse through the many options here, and we are confident that you will find classes, programs or travel opportunities that appeal to you.

I encourage you to spend a little time as well with the District 214 Spotlight stories, including one that for me strikes a fond and personal note, as it were. I think you'll enjoy the story of Elliott and Spencer Hile, brothers who grew up in a musical family and now both serve as band directors here in the district. Spencer's interest in marching band was first sparked by learning to play the euphonium - which just happens to be my instrument back when I played in the Conant High School marching band.

I think you will also enjoy the story of three District 214 alumni who have returned to teach in the district. Typical of their motivation is this quote from first-year Wheeling High School teacher Shane Rayburn: "It's always been my goal to come back to the school I graduated from, and help the community. At District 214 we have great programs for students; I wanted to help continue that process." We are humbled by that assessment and motivated to continue providing the culture and learning opportunities that draw graduates back to us.

As always, this issue brings you an update on the District 214 Education Foundation's growing work to support students and families through school and throughout life by strengthening education, fostering well-being and expanding opportunities.

Finally, please continue to visit the District 214 website for updated Community Education program information. We look forward to continuing to serve your lifelong learning needs.

Sincerely,

Patrick Mogge, Director
Community Engagement and Outreach

Foundation Scholarship Program continues to grow and support students in D214

Last spring the District 214 Education Foundation awarded over \$100,000 in postsecondary scholarships to more than 89 graduating seniors across 214.

Among the highlights were the Redefining Ready! Awards, which required applicants to create 30-second videos showing why they are college, career and life ready beyond the value of a test score. Students did so in a variety of ways, including through songs and video animation showing off their activities, achievements outside the classroom, early college credit opportunities and more.

This and other incredible impacts were made possible by the generous donors of District 214 Education Foundation. To learn more about the available scholarships visit, <https://214foundation.org/scholarships>. Contributions into these funds are always welcome. If you are interested in starting a scholarship or contributing to a scholarship, please contact Brooke Snell at brooke.snell@d214.org.

The 2023-2024 Scholarship Cycle will launch in mid-January. Please follow the Foundation social media and website for more details.

We invite you to join us

We are so grateful for the assistance of our staff and the community as we work to help our students achieve their dreams. We invite you—parents, alumni or community members—to consider a gift to the District 214 Education Foundation. Support from our donors and sponsors means that we will be able to address the stories of real need that we hear every day.

Want to help? Join us in our mission to support students and families through school and throughout life by strengthening education, fostering well-being, and expanding opportunities.

For more information on how you can help the District 214 Education Foundation in its important mission, please reach out to Executive Director Michael Happ at michael.happ@d214.org.



District 214 Education Foundation had success Teeing Up for 214!

District 214 staff along with community members, administrators, retirees, and friends - gathered on Thursday, September 21 for the 2023 Tee Up for 214, hosted by the District 214 Education Foundation.

A crowd of over 100 guests gathered, representing community members, business partners, and District 214 staff, Board of Education members, and administrators. Fun and competition were the themes of the evening as the attendees laughed and chattered throughout the night in celebration of future possibilities for District 214 students. Proceeds from this event offer opportunities for student success, fuel innovative programs in the classroom, and support lifelong learning District-wide, impacting thousands of lives

across eight communities. Guests were also treated to raffle prizes, silent auction items, delicious treats from the Rolling Meadows Culinary Arts Students, and wonderful volunteers from the John Hersey and the Rolling Meadows Girls Golf Teams.

This event would not have happened without the generous support of our sponsors of the evening! Support like this allows the Foundation to create success stories, build dreams and create a legacy of success for thousands of students. We can't wait until next year!

For more information about the District 214 Education Foundation, please visit <https://214foundation.org>.

Our Incredible Programs

Recent honors highlight D214's leading role in religious literacy



On August 17, the team of world religions teachers from District 214, led by Prospect High School's John Camardella, made a presentation to the Parliament of the World's Religions 2023 convocation in downtown Chicago. The presentation was titled: "A U.S. Public School District Fully Committed to Religious Literacy? Yes!"

The presentation to the global group of religious leaders came on the heels of Camardella's July visit to Washington, D.C., to participate in a conference organized by the U.S. Department of Education. Camardella was invited as a featured speaker at the first-ever "Free to Learn: Inclusion, Rights and Accommodations for Students of All Faiths and None" event, which explored religious literacy, and the rights and obligations of schools to accommodate students' religious needs. The program included U.S. Education Secretary Miguel Cardona and other representatives of both the Department of Education and the U.S. Department of Justice.

Both prestigious invitations affirm District 214's national leadership in supporting student learning about the world's diverse religious makeup—so that students can become better-informed neighbors, workers and voters. And since 2009, when he began teaching the first World Religions class, Camardella has led the district's cutting-edge curriculum.

Over the past five years, he has worked with his four colleagues to develop the country's first dual-credit high school world religions course. The team includes Brian Hauck from Wheeling High School, Saarah Mohammed from Elk Grove High School, Sean Radcliff from Rolling Meadows High School and Jeanne Shin-Cooper from Buffalo Grove High School.

Camardella literally helped write the book on teaching about religion in high schools. He and District 214 alum Benjamin Marcus were part of a team that drafted the standards and best practices for the National Council for the Social Studies.

Camardella, who took a sabbatical from District 214 two years ago in order to earn a master's degree from Harvard Divinity School, also shares his passion with the broader community. He offers monthly evening lectures for parents of the students in his classes, who come to learn and discuss what their children are studying—and often other community members drop in as well. He also teaches a summer course about religious literacy for other District 214 teachers, including site visits to local religious buildings and places of worship. "We are embedded in these communities, where our students and parents live, but often as teachers and administrators we have never been to these places before," he said.

He passionately believes that religious literacy—understanding and respecting other people's backgrounds and beliefs—is critical in a country as diverse as ours. "As a country we have expectations about our students' general literacy—being able to read and write. We encourage financial literacy, and being literate about nutrition and social media usage. Being religiously literate also is important to the community," he said. "When you're more religiously literate, the chances that you'll engage with people more peacefully goes through the roof." He says he hears back from District 214 alumni who have taken his course and use its learnings in surprising places: healthcare workers who have better understanding about treating people of different faiths, for example.

From Camardella's perspective, though, ultimately the work is all about peace: "I tell my students, 'We don't have to agree with each other, but we are going to be respectful,'" he said. "It's not an issue of acceptance; none of us say that. But we need awareness and understanding. That gives us a real chance at peace."

Oasis Summer Camp experience inspires kids, future teachers



Ricky Castro's Oasis summer camp has now come full circle.

Since 2015, Castro has run a summer camp at the Oasis Mobile Home Park. Located in unincorporated Des Plaines, the Oasis community and its children lack access to public parks and, until recently, public libraries. Castro imagined the camp filling in the gaps for children during the summer. For two to four weeks in June and July, it offers a mobile library, classes in dance, engineering and robotics, and activities like basketball and soccer. New this year was a community garden created by the residents and camp staff.

The camp is run by Elk Grove High School teachers including Castro, as well as student volunteers. In addition to providing free, safe, creative summer activities for local children, the camp provides a career-related learning opportunity for District 214 students who aspire to be teachers.

This past summer, one of the camp staff members was Nelson Garcia, who grew up in the Oasis neighborhood, and attended the summer camps. While in high school at EGHS, Garcia joined the dozens of students and aspiring teachers who help plan and run the camp. In August, Garcia began his teaching career at District 214's Newcomer Academy.

"This experience changed a lot for me," Garcia said. "I knew I always wanted to do history but didn't know what to do with it. As a volunteer at the summer camp I realized I was really good with teaching, really good with kids—I thought, let me try this teaching thing out. I've loved it ever since."

That's exactly how Castro hoped the camp would work. "One of the things we're trying to do here is to develop a community that is developing future teachers," said Castro, the 2017 Illinois Teacher of the Year. "Our own community members are leading their siblings, their cousins and neighbors. I believe that as we continue to do this through the years, we will have incredible teachers from our own community."

Hear more from Castro and Garcia, and see the summer camp in action here. ➤

<https://www.youtube.com/watch?v=SOUx9NUWhGM>



Our Excellent Staff

Zee Wang knits a community



Zee Wang had learned English before she immigrated to the U.S. from China in 1991. "But I was shy to open my mouth," she said. "I needed to practice my pronunciation."

Zee enrolled in a District 214 Community Education program to help adults learn and practice English, a small group class held at a local public library. "The teacher was so encouraging," she remembers. Zee went on to earn her bachelor's degree in computer science from Roosevelt University—her second college degree, following the management science degree she had earned back in China.

She worked as a software engineer/programmer for 18 years, but when her company closed its Chicago office, Zee started a career as a realtor. And in 2017—coming full circle—she also joined the teaching staff at District 214 Community Education, where she teaches Crochet & Knitting classes on Tuesday afternoons and evenings.

Zee learned crocheting when she was a girl growing up outside Beijing. "When I was 7 or 8 years old, my friends taught me how to crochet. But I didn't have a fancy crochet hook," she said. "I asked my mom to give me a big safety pin; I bent it and it became my first crochet hook!" Soon after, Zee also learned how to knit from her mom, finishing her first sweater when she was 12. She was—pardon the pun—hooked.

"It has always been my hobby. When I'm tired, or have unhappy times, I start crocheting; it calms me down and cheers me up," she said. "And what I really enjoy is sharing it with other people. I love watching someone who at first didn't know anything about knitting or crocheting finishing beautiful projects."

In the past few years Zee has found that the younger generation has become increasingly interested in handmade things. "When my boys were young, they wanted store-bought things," she said. "Now they're interested in what I'm making." That might be baskets, sweaters, scarves or purses. "You can buy something like a granny purse anywhere—but it's maybe not your color or style. Here you can make it the way you want it—and add your favorite buttons or tassels." She said that personalized quality is what is attracting younger people to her classes.

Zee's classes include both novices and also experienced hands looking for new ideas, new yarns, new techniques—and the social atmosphere of her two-and-a-half-hour classes. "People come here to learn a new skill, but at the same time they become friends," she said.

Check out Zee's crochet and knitting classes on page 15.

D214 grads come “home” to launch careers

Jeanette Huerta graduated from Elk Grove High School in 2015. Several years later, after a disappointing freshman year at college, two separate year-long stints with the Army National Guard—including a deployment to Kuwait—and finishing her bachelor’s degree at a second college, Huerta says she started to “self-reflect.” What did she really want to do with her life?

Huerta said, “I reflected on the teachers who really helped me: My cross-country coach and my social worker at Elk Grove. People who didn’t have to help me but did anyway: buying me running shoes, finding used clothes for me, driving me to band competitions. I decided I wanted to give back to the community that gave to me.”

She headed to the University of Illinois at Urbana-Champaign to earn her master’s degree in social work, specializing in working in schools. Huerta spent last year interning at John Hersey High School—and when District 214 added a third social worker position at all six comprehensive schools for the 2023-24 school year, she applied for the job at EGHS and was hired.

“It’s my dream job, working with my dream population,” she said.

Huerta is one of more than 100 new staff members this year at District 214. But she is also part of a special subset: First-year teachers and staff members who themselves are D214 graduates.

Like Huerta, **Shane Rayburn** graduated from District 214—from Wheeling High School, in 2019. He completed two years at Harper College as part of the District’s first Harper Promise cohort of students.

Rayburn then transferred to Illinois State University, which has one of the nation’s only programs offering a bachelor’s degree in technology and engineering education.

One of a set of triplets, he says, “I have always known I wanted to teach. My brother would rush through everything, but I’d be the one to sit down with my sister and explain things. I knew I liked teaching early on; I felt a calling for it.”

As a student at Wheeling, Rayburn was involved with robotics and the High Mileage vehicle-fabrication team. “I pursued the idea of a career in engineering for a while, but I didn’t want to sit at a desk all day. It was senior year, and [teachers] Tom Steinbach and Mike Geist asked me what I wanted to do. The idea of teaching came up again.” Rayburn did a micro-internship at Buffalo Grove High School to see a regular teaching day first hand—and liked what he saw.

While earning his bachelor’s degree from ISU, Rayburn was a student teacher at Libertyville High School. “I taught a wide variety of classes, but auto was the class I enjoyed the most,” he said. He now is teaching in Wheeling’s autos program: the introductory Auto Systems class, Diagnostic Systems & Repair, and College Vocational Automotive.

“It’s always been my goal to come back to the school I graduated from, and help the community,” he said. “At District 214 we have great programs for students; I wanted to help continue that process. And I really wanted to come back and teach with the guys who taught me—they’re a fun group of guys.”

Sydney Sadler also is working side by side with colleagues who were once her teachers. One of Buffalo Grove High School’s first-year teachers, Sadler is being mentored by Breanne Makovec—a teacher she had as a freshman herself at BGHS.

Sadler graduated from BGHS in 2019. She took one of District 214’s educator prep classes as a senior, then headed to University of Illinois at Urbana-Champaign, where she earned a degree in English with a minor in secondary education.



Jeanette Huerta



Shane Rayburn



Sydney Sadler

“I went to a job fair at District 214 last spring. I had always thought about coming back,” she said. “I always loved being in a place where innovation is encouraged and welcomed. The thought of working here really excited me. I knew I wouldn’t ever feel bored.”

Sadler started her teaching career with Honors Written and Oral Communications for BGHS freshmen, and also American Literature, a junior English class.

All three first-year staff members said the thing that makes them most excited is working with District 214 students. “I am so excited to be working with students here, and helping them see what they can’t see,” said Huerta.

Our Adult Education Success Stories

Citizenship caps immigrant's journey to new life



"I was overjoyed when I received my citizenship certificate"

Vasyl Mattichuk wanted to become a U.S. citizen. "I was a young man from Ukraine who had always dreamed of living in the United States," he said. Fascinated by American culture and disillusioned with the economic opportunities in his homeland, he won the lottery for a green card and moved to the U.S. in 2016.

Vasyl found a job in a local store and worked hard. "I was determined to succeed and to make a better life for myself in my new home," he said. He also traveled, and found that he loved "the



Marching to the same beat: Brothers lead two D214 bands

Mom was a music education professor; Dad was a music teacher and band director. Dad's idea of fun during family road trips was to quiz their three young sons on the differences between Mozart and Beethoven.

So, yes, maybe it was written in the stars - or somewhere between the key and time signatures - that Elliott and Spencer Hile would pursue careers in music.

Granted, a very young Spencer resisted a musical life. Sports were his thing. But when compelled by his parents to try just one year of high school band - that's all, one year, then quit if he chose - he fell in love with the euphonium. In fact, he fell in love with all things marching band, especially as it took him on trips and to places he'd never imagined. That was it. He was hooked. As for older brother Elliott, he was already immersed in music performance.

Now here we are, several years and many measures down the road. After playing in the band together at Highland Park High School and, later, at the University of Illinois Urbana-Champaign, the Hile brothers are directing bands at their respective District 214 schools: Elliott at Rolling Meadows and Spencer at John Hersey. Elliott calls it "serendipity" that they are pursuing careers they love in the same district; Spencer calls it an "unbelievable surprise." Both marvel at their professional good fortune.

"Being a band director is one of the best jobs you can have," Spencer says. "I get to work with students for four years and develop amazing relationships and watch them grow, which is really unique compared to other teachers."

Elliott concurs: "As band directors, we are in the people business. We are helping students learn how to work really hard to become the best they can be and fulfill their potential."

View the Hile brothers' video story at www.d214.org/bandbrothers or scan the QR code. The Hile brothers are putting their students first; proud to be working in a district renowned for quality bands; and - always - are each other's biggest fan and supporter.



Citizenship caps immigrant's journey to new life *(Continued from p. 10)*

diversity of the people and the many opportunities the United States had to offer," he said. "I also appreciated the freedom and the sense of independence that came with living in a new country." He joined a Ukrainian community center and made friends with other immigrants, but also took classes to improve his English.

After several years, he said, "I had been working here, living here and wanted to be a part of this country. I wanted to help this country, I wanted to vote, and travel with an American passport."

He read about District 214 Community Education's U.S. citizenship preparation classes in the newspaper, and signed up for classes in 2021. He said the District 214 teachers were the "best," helping not only in class but also conducting practice interviews.

Vasyl received financial assistance with his journey to citizenship from the Serafin Fund for Adult Education and Family Literacy. Donations to the fund can be made at links.d214.org/serafin.

Vasyl said he was thrilled to become a citizen after five years in the U.S. "I was overjoyed when I received my citizenship certificate," he said.

He has been promoted to a new job at his IT company. He is saving to buy a small house, and still continues to travel and explore his new country. "I am proud of all that I have accomplished," he said. "I knew that I faced many challenges as an immigrant, but I never gave up. My story is a testament to the resilience and determination of immigrants who come to the United States in search of a better life."



Student views GED as ticket to success

For reasons that no longer matter so much, Alex Mendoza dropped out of high school. "But I knew I couldn't be fooling around. I knew I needed my high school diploma to get a better job," he said.

He went to his counselor at Elk Grove High School, who suggested earning his GED through a District 214 Community Education program. He started in the high school equivalency class in August 2022.

Alex's teacher, Nicol Engel, said, "He was shy but very personable, and made friends with his classmates quickly." He cheered on his fellow students, celebrating when they passed their GED test.

"Oftentimes Alex worked the third shift and went home for a couple of hours of sleep before coming to class," Engel said. "He was very motivated to obtain his high school diploma and move on to the next step in his life."

For Alex, that next step is classes at Harper College; his goal is to become certified as an HVAC specialist. He started the first two classes in the fall of 2023. "But right now what I have in mind is to learn a bit of every trade—cars, carpentry, plumbing and heating and air conditioning," he said.

Said his teacher Engel, "Alex is dedicated to his learning and will no doubt succeed at anything he decides to do in the future."

"But I knew I couldn't be fooling around. I knew I needed my high school diploma to get a better job."

DISCOVER:

D214 Community Education Travel

Offering dozens of trips every year, ranging from short half-day jaunts to local tourist hot spots, to exotic multi-week vacations to dream destinations across the world, CET is your partner in making memories of a lifetime. Travelers of all ages are welcome—from young couples and families to empty nesters and seniors—and you don't even have to live in the District 214 service area to travel with us!

INTERNATIONAL TOUR

Portugal and Northern Spain

■ May 31 – June 12, 2024

Visit two of Europe's most beautiful countries on this spectacular tour. You will have the opportunity to explore a number of historic cities comprising the Iberian peninsula. Your journey begins in Lisbon, home to the Unesco World Heritage sites of Belém Tower and the Monastery of the Hieronymites. In Fatima, visit the Sanctuary of Our Lady of the Holy Rosary and sample sweet port wine while in Porto. The tour continues in Spain with stops in Vigo and Santiago, with a tour of the cathedral with the relics of St. James the Apostle. Continuing along the northern coast, you will tour the Guggenheim museum in the avant garde city of Bilbao. Stroll the Calle Estafeta, site of the running of the bulls in Pamplona. Your adventure concludes in Barcelona, Spain featuring Gaudi's Sagrada Familia.



Park Güell, Barcelona, Spain

THEATRE IN CHICAGO!

"Pretty Woman: The Musical" at CIBC Theatre

■ Wednesday March 13, 2024 | \$199

On its first national tour at the CIBC Theatre, "Pretty Woman: The Musical" is based on one of Hollywood's most beloved stories of all time! The musical stars' Broadway superstar and Tony Award nominee Adam Pascal as Edward, a ruthless and driven business tycoon specializing in taking over businesses and then selling them off. During a trip to LA, and without a partner for a series of schmaltzy functions, he hires an escort: Vivian, a lady of the night who goes about her work with a clinical detachment. As their week together progresses, this usually isolated couple find themselves utterly comfortable in each other's company and discover that they might just be falling for each other. Can this blossoming romance turn both of their lives around? The show combines a heartwarming love story and a modern twist on a fairy tale, and is highlighted by a toe-tapping score and a pair of outstanding actors! Lunch is included before the show.

"Mamma Mia!" at the Nederlander Theatre

■ Wednesday May 15, 2024 | \$231

Celebrating 25 years, "Mamma Mia!" returns to Chicago at the Nederlander Theatre. This feel-good show is the hilarious story of single mother Donna, struggling to cope with her young daughter's impending marriage on a sun-filled picturesque Greek island. Throw into the mix three lovers from her past, any of whom could be the father of her daughter! This smash-hit musical includes ABBA's greatest hits—including "Dancing Queen," "Super Trouper," "Take A Chance on Me," "S.O.S.," and "The Winner Takes It All"—with an enchanting tale of love, laughter and friendship! Enjoy lunch before the musical.



EXTENDED TOURS

► Call 847-718-7709 or email cetravel@d214.org for more information or to make a reservation.



Mississippi River Cruise on the Celebration Belle

■ June 19–21, 2024 & July 10–12, 2024

Delight in the beauty of the Mississippi River Valley on a daylong 100-mile cruise aboard the Celebration Belle. Cruise from Dubuque, Iowa, to Moline, Illinois, while enjoying breakfast, lunch & a prime rib dinner—as well as narration by the captain, live entertainment, activities, travel through locks & dams and views of majestic bluffs. Other tour highlights include: free time in Galena and the National Mississippi River Museum & Aquarium. Step back in time in charming Bishop Hill Colony. This “prairie utopia” was established by industrious Swedish immigrants in the mid-1800’s. Take a guided tour to see the colony’s historic buildings and enjoy a Swedish lunch.



Michigan Shores: Charlevoix & Petoskey

■ July 29–August 2, 2024

Escape next summer on this refreshing trip to the Michigan shores. Sparkling blue waters, gigantic ancient dunes, quaint lakeside villages and abundant summer sunshine combine to make this trip a quintessential Great Lakes getaway. Set sail with us as we cross Lake Michigan on the S.S. Badger ferry from Manitowoc, Wisconsin, to Ludington, Michigan. Highlights include: Sleeping Bear Dunes National Lakeshore, Traverse City, charming Stafford’s Perry Hotel in Petoskey’s historic Gaslight District, Charlevoix, Castle Farms, the “Mushroom Houses”, Bay View Inn, Frederick Meijer Sculpture Park & Gardens, Gerald Ford Presidential Museum, DeGrandchamp Blueberry Farm, Saugatuck Dune Buggy Ride and more!



Pacific Northwest

■ July 13–21, 2024 & August 11–19, 2024

Cool off next summer with a visit to America’s Pacific Northwest: Washington, Oregon and northern California. Mountain vistas, scenic river gorges, cascading waterfalls, giant redwood forests and the Pacific Ocean coastline await you on this magnificent trip. Visit Seattle, Portland and San Francisco. Highlights include: Mt. St. Helens, Columbia River Gorge, Oregon Dunes National Recreation Area, Rogue River hydroplane jet boat ride, Sonoma Valley wine country, the world-famous Avenue of the Giants (Redwoods), San Francisco’s Fisherman’s Wharf, the Golden Gate Bridge and more!



Classic New England

■ September 22–30, 2024

Quaint little villages with white-steepled churches, colonial houses, village greens, rock fences and great American historic sites – this is the perfect getaway to Massachusetts, Vermont, New Hampshire and Maine. From scenic mountain drives to endless ocean views, the natural landscape of New England refreshes and inspires. A special feature is a two-night stay at the beautiful Mt. Washington Hotel, with its traditional porch offering stunning views of the White Mountains. Highlights: “The Sound of Music’s” Trapp Family Lodge of Stowe, Harraseeket Inn, Portland Headlight, Casco Bay Cruise, Billings Dairy Farm of Vermont, Shelburne Museum, Morse Maple Sugarworks, Lexington, Concord & Boston’s Freedom Trail. Join us on this amazing trip to the birthplace of American liberty.

DISCOVER:

Arts

Choose your medium!
Engage your creative
self and explore artistic
elements.



Dance

Line Dancing - Beginning

Line dancing is an excellent way to meet new people, get fun exercise, and just have a great time! In this class, we'll cover a number of different well-known line dances based on country and pop songs. No prior experience required; singles and couples both welcome.

Instructor: Elena Soultanska

Location: FVEC

01104-01 | Ages 18+ | Mon | 5-6 p.m.

1/8-3/18 | 9 sessions | \$89

Line Dancing - Intermediate

In this intermediate level class, we'll build upon what we've already learned in the beginning Line Dancing class and take our skills to the next level. Open only to students who have already taken Line Dancing - Beginning. Singles and couples both welcome.

Instructor: Elena Soultanska

Location: FVEC

01106-01 | Ages 18+ | Mon | 6-7 p.m.

1/8-3/18 | 9 sessions | \$89

Latin Dance - Beginning

This class is for adults who are interested in learning Latin dance styles including salsa, merengue, bachata, cha-cha, and rumba. Beginners as well as experienced dancers will benefit from this variety of Latin dance moves. Singles and couples are welcome.

Instructor: Elena Soultanska

Location: FVEC

01102-01 | Ages 18+ | Mon | 7-8 p.m.

1/8-3/18 | 9 sessions | \$89

Latin Dance - Intermediate

Bring your basic knowledge of social Latin dances such as salsa, merengue, bachata, cha-cha, and rumba, learned either in Latin Dance-Beginning or on your own. Participants will enjoy a variety of Latin dance moves, with the focus on footwork and partners work (leaders and followers), connection, and turn technique. All this can be applied as social dancing with different partners. Singles and couples are welcome.

Instructor: Elena Soultanska

Location: FVEC

01108-01 | Ages 18+ | Mon | 8-9 p.m.

1/8-3/18 | 9 sessions | \$89

Visual Arts

Drawing Simplified

Beginning drawers will learn fundamental principles of line, shape, value and drawing accuracy and then move on to the expressive possibilities involved in composing a drawing. The class focuses on black and white drawing, primarily with pencil or charcoal. Bring a #2 pencil and several sheets of blank paper or a sketchbook to class.

Instructor: Scott Westgard

Location: PHS

01509-01 | Ages 18+ | Tue | 7-9 p.m.

1/23-2/20 | 5 sessions | \$79

Music

Beginning Ukulele

The ukulele is quickly becoming one of the most popular string instruments. Join our beginner class and learn all the basics you need to start your musical journey! In this class, we will cover basic chords, strumming patterns and simple lead lines. You will learn how to read musical notation while applying these skills to learning well-known songs. No prior experience required. Students must provide their own ukulele.

Instructor: Michael Plantan

Location: FVEC

01204-01 | Ages 18+ | Tue | 5-6 p.m.

1/9-3/19 | 11 sessions | \$139

Beginning Guitar

The guitar is one of the most versatile and popular instruments around, and our beginning guitar class is the perfect way to get started! In this introduction to guitar playing, we will cover basic chord shapes, strumming patterns and simple lead lines, and apply what we've learned to well-known songs. No prior experience is required. Students must provide their own instrument.

Instructor: Michael Plantan

Location: FVEC

01201-01 | Ages 18+ | Tue | 6-7 p.m.

1/9-3/19 | 11 sessions | \$139

Classic Rock Unplugged

Students will explore the acoustic side of the classic rock era, from Clapton and the Eagles to the Beatles and Rolling Stones. We'll learn chords, riffs and arrangements and jam together—forming our own unplugged ensemble. Students of all levels are welcome; basic chord knowledge recommended. Students must provide their own instrument.

Instructor: Michael Plantan

Location: FVEC

01202-01 | Ages 18+ | Tue | 7-8 p.m.

1/9-3/19 | 11 sessions | \$139

Fingerstyle Guitar

Did you ever want to learn how to play fingerstyle/classical guitar? In this class, you will learn the fundamentals of playing without a pick, exploring beginning classical/fingerstyle guitar pieces and learning how to apply this technique to your song repertoire. Students of all levels are welcome, with basic experience and chord knowledge recommended. Students must provide their own instrument.

Instructor: Michael Plantan

Location: FVEC

01203-01 | Ages 18+ | Tue | 8-9 p.m.

1/9-3/19 | 11 sessions | \$139

Arts & Crafts

Quilting

Quilting is creative, rewarding, relaxing and fun! Less experienced quilters will learn basic quilting patterns, fabric cutting and piecing, and working with colors. Experienced quilters can work on current projects and share ideas, fun facts, methods and tips. Bring any unfinished projects or start a new one for yourself or as a gift. You will receive a list of basic quilting supplies and a simple beginning pattern at your first class. Class will be held in the Rolling Meadows High School sewing room.

Instructor: Mary Kuhn

Location: RMHS

01303-01 | Ages 18+ | Wed | 6:30-9 p.m.

1/17-2/14 | 5 sessions | \$59

01303-02 | Ages 18+ | Wed | 6:30-9 p.m.

2/21-3/20 | 5 sessions | \$59

Crochet & Knitting

The basics of crochet and knitting will be taught to beginners, while experienced artisans will receive advice and instruction to create projects of their choice. All beginners should bring a skein of 5-8 oz. light-colored worsted weight yarn (#4), a pair of small scissors, a pen and a three-ring binder to hold letter-size handouts. Crochet beginners, please bring an I-9 crochet hook; knitting beginners, bring short number 9 knitting needles. Experienced artisans may bring their own projects to work on.

Instructor: Zee Wang

Location: FVEC

01301-01 | Ages 18+ | Tue | 2-4:30 p.m.

1/23-3/19 | 9 sessions | \$89

Location: PHS

01301-02 | Ages 18+ | Tue | 6:30-9 p.m.

1/23-3/19 | 9 sessions | \$89

Individual Music Lessons

Did you play a musical instrument in band back in high school and want to get back into it? Are you a recent retiree looking to finally start learning that instrument you've been dreaming about all your life? Is your elementary age child showing early interest in music? District 214 Community Education provides individual music lessons for our high school students during the school day, and now you can take advantage of our excellent private lesson instructors after school hours as well. To learn more about our Individual Music Lesson program or to register for a trial lesson, call us at (847) 718-7700, or email us at ce@d214.org.





DISCOVER:

Culinary

Travel the world through food, learning and tasting different cultures and mastering new dishes with hands-on, interactive demos and family classes.

Crafting Herbal Mocktails

 **New!**

Elevate your Dry January Experience! Discover the secrets of crafting herb-flavored and scented alcohol-free mocktails in this immersive masterclass. Learn how to create simple syrups and herb extractions, and reimagine party punch with an herbal twist. Dive into the world of mixology as we make our own bitters, stir up a faux gin, and blend alcohol-free fizzes and sours with seasonal ingredients. Engage in captivating discussions about the rich history of herbs in alcoholic beverages.

Instructor: Marcy Lautanen-Raleigh

Location: RMHS

02164-01 | Ages 18+ | Thu | 7-9 p.m.

1/18 | 1 session | \$39

Tea 101

 **New!**

Ever been puzzled by the kaleidoscope of teas? Join us as we unravel the mysteries of white, green, black and herbal teas from enchanting regions like China, India and Japan. Along the way we'll sip, savor and discover your very own tea treasure trove!

Instructor: Marcy Lautanen-Raleigh

Location: RMHS

02165-01 | Ages 18+ | Thu | 7-9 p.m.

2/8 | 1 session | \$39

Homemade Empanadas

In this class, we are making the flaky crust from scratch. You'll also learn how to make a delicious picadillo filling, and fry the empanadas to golden perfection (with the option to bake). By the end of class you will have mastered how to make this classic Latin favorite.

Instructor: Jenica Paleracio

Location: RMHS

02162-01 | Ages 18+ | Thu | 6-8 p.m.

3/7 | 1 session | \$59

Asian Dumplings

 **New!**

Asian dumplings are a delicious and versatile food that can be served as an appetizer, snack or main course. You'll learn how to make the dumpling wrappers and how to make a delicious pork filling.

Instructor: Jenica Paleracio

Location: RMHS

02166-01 | Ages 18+ | Thu | 6-8 p.m.

3/21 | 1 session | \$59



DISCOVER:

Fitness and Athletics

Maintain a healthy lifestyle and step up your game with a variety of group fitness and athletic classes, from the popular pickleball to yoga. Options available for all interests and experience levels.

Pickleball
registration begins
December 1st at
8:00am



Athletics

Pickleball

Pickleball is a court sport played with a wiffle ball, net and paddle. It's slower paced than tennis and played on a smaller court (the size of a doubles badminton court) and it's lots of fun! Best of all, you don't have to be a great athlete to play well. Doubles play only; we will pair partners for competitive matches. Instructors reserve the right to move players to different class levels if necessary, based on each player's demonstrated ability. There will be some paddles available to use, or bring your own.

Pickleball - Beginners with Instruction

No experience required! This class is only open to beginners and will focus on learning the rules and skills necessary to play.

Instructor: Mike Mleko

Location: FVEC

03102-01 | Ages 18+ | Wed | 5:30-7 p.m.
1/10-2/14 | 6 sessions | \$59

03102-02 | Ages 18+ | Wed | 7:15-8:45 p.m.
1/10-2/14 | 6 sessions | \$59

03102-03 | Ages 18+ | Wed | 5:30-7 p.m.
2/21-3/20 | 5 sessions | \$49

03102-04 | Ages 18+ | Wed | 7:15-8:45 p.m.
2/21-3/20 | 5 sessions | \$49

Pickleball - Intermediate

This class is designed for players who already have knowledge of the game, understand the rules and have previously played pickleball. The instructor will facilitate rotating players on the courts.

Instructor: Alex Schuffler

Location: FVEC

03106-01 | Ages 18+ | Mon | 6:30-9 p.m.
1/8-2/12 | 5 sessions | \$49

03106-02 | Ages 18+ | Mon | 6:30-9 p.m.
2/26-3/18 | 4 sessions | \$39

Pickleball - Intermediate/Advanced

This is an independent play pickleball program for high-level intermediate and advanced players. Formal instruction is not included in independent play, but individualized attention is available from the instructor to players on an as-needed basis.

Instructor: Lynn Guercio

Location: FVEC

03103-01 | Ages 18+ | Tue | 6:30-9 p.m.
1/9-2/13 | 6 sessions | \$59

03103-03 | Ages 18+ | Tue | 6:30-9 p.m.
2/20-3/19 | 5 sessions | \$49

Instructor: Chris Van Grondelle

Location: BGHS

03103-02 | Ages 18+ | Sun | 9:30-11:30 a.m.
1/14-2/18 | 6 sessions | \$59

03103-04 | Ages 18+ | Sun | 9:30-11:30 a.m.
2/25-3/24 | 5 sessions | \$49

Pickleball - Independent Play

This pickleball class is for all levels. Those who have no experience can join the instructor to learn the fastest growing game around—and for those of you with experience, play independently with others. Players will rotate during round robin play.

Instructor: Jeff Wayne

Location: FVEC

03107-01 | Ages 18+ | Wed | 3:45-5:15 p.m.
1/10-2/14 | 6 sessions | \$59

03107-02 | Ages 18+ | Wed | 3:45-5:15 p.m.
2/21-3/20 | 5 sessions | \$49

Due to the popularity of our pickleball classes, all refunds are subject to a \$10 administrative service fee.

Discover: Fitness and Athletics

Athletics (continued)

Badminton

This indoor class format is primarily open play with instruction available. Plastic shuttles provided. Bring your own racket; loaner rackets are available if needed. Families are welcome; students 17 years old and younger must have a parent/guardian also enrolled and participating with them.

Instructor: Chris Van Grondelle

Location: BGHS

03101-01 | Ages 18+ | Sun | 9:30-11:30 a.m.

1/14-3/24 | 11 sessions | \$109

Shotokan Karate for Teens and Adults

Shotokan Karate is a Japanese martial arts system developed as a means of strengthening the mind, body and spirit. Karate training is structured to provide all-around strength, coordination and agility for the body along with improving mental discipline and focus. Karate offers something for everyone, including physical fitness, self-defense, the excitement of sport and personal enrichment. No special equipment or abilities are required.

Instructor: Gary Koelbel

Location: FVEC

03104-01 | Ages 13+ | Wed | 6:30-8 p.m.

1/10-3/20 | 11 sessions | \$139



Fitness

Yoga

Yoga helps develop a deeper awareness of your inner self and promotes mental, emotional and physical well-being. You'll be guided through slow, precise poses accompanied by deep breathing to tone, strengthen, stretch and relax the body. Wear comfortable clothing and bring an exercise mat.

Instructor: Kathleen Tracy

Location: BGHS

03210-01 | Ages 18+ | Mon | 6-7:20 p.m.

1/8-3/18 | 9 sessions | \$109

Instructor: Kathleen Tracy

Location: FVEC

03210-02 | Ages 18+ | Tue | 4-5:20 p.m.

1/9-3/19 | 11 sessions | \$129

Instructor: Sandy Moore

Location: ONLINE

03210-03 | Ages 18+ | Wed | 9:30-10:45 a.m.

1/10-3/6 | 9 sessions | \$109

Instructor: Kathleen Tracy

Location: RMHS

03210-04 | Ages 18+ | Thu | 4-5:20 p.m.

1/11-3/21 | 11 sessions | \$129

Instructor: Kathleen Tracy

Location: RMHS

03210-05 | Ages 18+ | Thu | 6-7:20 p.m.

1/11-3/21 | 11 sessions | \$129

Chair Yoga

Chair yoga is for those who would like to access the benefits of yoga without having to sit, kneel or lie on the floor. Participants may choose to remain seated for the entire class, or stand and use a chair for support. We will practice gentle, fluid movements to promote circulation, alignment, flexibility, balance, overall strength and deeper, smoother breathing. Positive mental effects include mind-body awareness, improved concentration and a sense of well-being. Use of light weights is optional.

Instructor: Sandy Moore

Location: ONLINE

03212-01 | Ages 18+ | Tue | 10-11 a.m.

1/9-3/5 | 9 sessions | \$109

Gentle Yoga

Enjoy the holistic benefits of engaging body, mind and breath. We will practice gentle, accessible movements accompanied by slow, deep breathing to tone, stretch and relax the body. Exercises are done standing, sitting and lying on the floor, but the use of chairs or alternative movements are suggested as needed. Each class concludes with a guided relaxation.

Instructor: Sandy Moore

Location: ONLINE

03211-01 | Ages 18+ | Wed | 11:30 a.m.-12:35 p.m.

1/10-3/6 | 9 sessions | \$109

Sue Garcia Fitness

Belly Dance Fusion Fitness

Tone muscles and burn calories while moving your body to an eclectic mix of music! Drills and combos that are based on belly dancing and folk dancing will be featured along with the Tai Chi principles of grounding and balance. Classes are non-impact and self-paced, and all levels are welcome.

Instructor: Cat King, Sue Garcia Fitness

Location: FVEC

03202-01 | Ages 18+ | Thu | 6:30-7:25 p.m.

1/11-3/21 | 11 sessions | \$129

03202-02 | Ages 18+ | Sat | 9-9:55 a.m.

1/13-3/23 | 11 sessions | \$129

Deep Stretching

This class will focus on stretching the hip flexors, IT bands, hamstrings, shoulders, back, chest and legs for increased range of motion, flexibility, relaxation and relief of sciatica, back pain or injuries. Bring a mat to class.

Instructor: Vicki Gursoy, Sue Garcia Fitness

Location: FVEC

03203-01 | Ages 18+ | Mon | 7-7:55 p.m.

1/8-3/18 | 9 sessions | \$109

Location: ONLINE

03203-02 | Ages 18+ | Thu | 7:30-8:25 p.m.

1/11-3/21 | 11 sessions | \$129

Fitness Around the World

Fitness Around the World is a fun and easy-to-follow fitness class. Each class includes a warmup, balance work based on Tai Chi, folk dance steps for no-impact exercise and a cooldown with stretching. All of this while listening to fun and interesting music from around the globe. Class does not require a partner and is great for people of all fitness levels.

Instructor: Cat King, Sue Garcia Fitness

Location: FVEC

03213-01 | Ages 18+ | Tue | 6-6:55 p.m.

1/9-3/19 | 11 sessions | \$129

Pilates Barre Fusion

This hybrid workout class will include the fat-burning format of interval training, the muscle-shaping technique of isometrics and the long, lean look of Pilates. Your posture, flexibility, core muscle, balance and muscle tone will improve with each class. Bring a mat and one set of 3 to 5-pound weights to class.

Instructor: Vicki Gursoy, Sue Garcia Fitness

Location: FVEC

03204-01 | Ages 18+ | Mon | 6-6:55 p.m.

1/8-3/18 | 9 sessions | \$109

03204-02 | Ages 18+ | Sat | 10-10:55 a.m.

1/13-3/23 | 11 sessions | \$129

Small Group Personal Training

This class offers the benefits of working with a certified national trainer without the high cost. A trainer will take a small group through a personalized workout program. Each class will focus on cardio and strength interval training using free weights, weight machines, medicine balls, kettlebells and more. Join us for a high-calorie-burning, strength-building, personalized workout!

Instructor: Vicki Gursoy, Sue Garcia Fitness

Location: JHHS

03205-01 | Ages 18+ | Tue | 7-7:55 p.m.

1/9-2/13 | 6 sessions | \$119

03205-02 | Ages 18+ | Tue | 7-7:55 p.m.

2/20-3/19 | 5 sessions | \$99

03205-03 | Ages 18+ | Tue | 8-8:55 p.m.

1/9-2/13 | 6 sessions | \$119

03205-04 | Ages 18+ | Tue | 8-8:55 p.m.

2/20-3/19 | 5 sessions | \$99

Yogalates

Incorporating the principles of both Pilates and yoga, this course promotes harmony, strength, flexibility and balance for mind and body. Other benefits include loosening stiff joints, correcting poor posture, improving blood flow, strengthening your core and creating longer, leaner muscles. Open to all levels.

Instructor: Sue Labbe, Sue Garcia Fitness

Location: FVEC

03206-01 | Ages 18+ | Wed | 6:30-7:25 p.m.

1/10-3/20 | 11 sessions | \$129

Zumba Gold Toning

Zumba Gold Toning is a low-impact dance workout incorporating all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance. Bring a set of 1 to 2-pound hand weights (optional), water and a towel.

Instructor: Carolyn Alexander, Sue Garcia Fitness

Location: ONLINE

03208-01 | Ages 18+ | Tue | 8:30-9:25 a.m.

1/16-3/19 | 10 sessions | \$119

Location: ONLINE

03208-02 | Ages 18+ | Thu | 8:30-9:25 a.m.

1/18-3/21 | 10 sessions | \$119



DISCOVER:

Health and Wellness

Staying up-to-date on healthy lifestyle choices can support an active, fulfilling and happy life. We offer classes to nourish and enhance your wellness.



Tai Chi

Tai Chi (Taiji) is an ancient Chinese exercise with numerous health benefits. As a martial art, Tai Chi downplays brute strength and instead emphasizes learning motor skills and nurturing the body. The mindful movements promote stress relief and relaxation. Physically, this practice is a low-impact exercise that will foster balance, coordination and flexibility while exploring martial intentions.

■ Tai Chi - Beginning

Instructor: Eric Peden

Location: FVEC

04101-01 | Ages 18+ | Tue | 6:30-7:30 p.m.

1/9-3/19 | 11 sessions | \$99

■ Tai Chi - Intermediate

Instructor: Eric Peden

Location: FVEC

04102-01 | Ages 18+ | Tue | 7:30-8:30 p.m.

1/9-3/19 | 11 sessions | \$99

■ Tai Chi - Advanced

Instructor: Stefan Panzilius

Location: FVEC

04103-01 | Ages 18+ | Tue | 6:30-8 p.m.

1/9-3/19 | 11 sessions | \$119

DISCOVER:

Languages

Learn a language, develop your writing skills or open doors for career advancement by enrolling in one of our language classes.



Spanish

Spanish - Beginning

This introductory course teaches the fundamental skills and conversational patterns that encourage quick foreign language acquisition. Simple dialogue, vocabulary and grammar development is appropriate for those who have never studied Spanish or who feel the need for review before continuing to Spanish Advanced. The book used is, "Spanish Now!" (Level 1, Eighth Edition). Purchase at registration online or call the CE office.

Instructor: Maria Louchios

Location: RMHS

05101-01 | Ages 18+ | Thu | 6:30-9 p.m.

2/8-5/2 | 12 sessions | \$149

Spanish - Advanced

This course offers more conversational practice for students who have completed the equivalent of beginning and intermediate Spanish. Everyday vocabulary is emphasized through many types of practice.

Instructor: Ken Monahan

Location: TBD

05106-01 | Ages 18+ | Wed | 7-9 p.m.

1/31-4/24 | 10 sessions | \$99

Sign Language

Sign Language - Beginning

Learn the essentials of sign language, including the alphabet, numbers and basic vocabulary that will enable you to carry on simple conversations, understand paragraphs and accurately produce signs at a beginning level. Bring a three-ring binder with 10 dividers to class.

Instructor: Jill Kelly

Location: TBD

05301-01 | Ages 18+ | Mon | 7-9 p.m.

1/8-3/25 | 10 sessions | \$109

Sign Language - Intermediate

This course continues the beginning sign language instruction, with an emphasis on becoming comfortable in your signing skills. Vocabulary will be reviewed and reinforced, and new vocabulary will be added. Basic knowledge of sign language required. Bring a three-ring binder and 10 dividers to class.

Instructor: Jill Kelly

Location: TBD

05302-01 | Ages 18+ | Wed | 7-9 p.m.

1/10-3/13 | 10 sessions | \$109

Italian

Italian - Beginning

This course is an introduction to the Italian language, using only essential grammar for learning everyday Italian. By the end of the course, the student will be able to introduce themselves and navigate around an Italian city, carry out a conversation in an airport or hotel setting and ask for instructions. Purchase book online or call the CE office.

Instructor: Eriketa Icka

Location: TBD

05201-01 | Ages 18+ | Mon | 7:30-9 p.m.

1/8-3/18 | 9 sessions | \$119

Italian - Intermediate

Take your learning to a whole new level by listening through authentic conversation and building upon what you already know. Bring the book from Italian-Beginning or purchase at registration online. Prior enrollment in Italian-Beginning or previous experience is required.

Instructor: Eriketa Icka

Location: TBD

05202-01 | Ages 18+ | Tue | 7-9 p.m.

1/9-3/19 | 11 sessions | \$149

Polish

Polish - Beginning

Maybe your family heritage is Polish and you remember Polish being spoken when you were growing up but never really learned it. You may be going on a trip to Poland, or you just want to have some fun and learn basic Polish conversation. Then this is the class for you!

Instructor: Jolanta Sztafa

Location: TBD

05401-01 | Ages 18+ | Tue | 7-9 p.m.

1/9-3/19 | 11 sessions | \$149

Polish - Intermediate

This class is for those who have completed the Polish Beginning class and wish to continue the adventure. Expand your knowledge and understanding of Polish while having fun during the journey. Bring the book from Polish Beginning or purchase at registration online.

Instructor: Jolanta Sztafa

Location: TBD

05403-01 | Ages 18+ | Thu | 7-9 p.m.

1/11-3/21 | 11 sessions | \$149

DISCOVER:

Personal Finance

Build a secure financial future based on your interests, needs and goals.



Investing: Rules of the Road

New!

Are you looking to start investing, or to improve your investment strategy? Learn 10 principles for sound investing, and how to identify and avoid the most common investment mistakes.

Instructor: Christina Chervenak

Location: TBD

07127-01 | Ages 18+ | Thu | 7-8 p.m.

1/25 | 1 session | \$15

Financial Fitness: Power of Budgeting

New!

This interactive seminar will explore the importance of creating and maintaining a budget and examine the difference between wants and needs. You will set goals for personal spending, savings and debt repayment.

Instructor: Christina Chervenak

Location: TBD

07125-01 | Ages 18+ | Thu | 7-8 p.m.

2/22 | 1 session | \$15

Retirement: Making your Money Last

New!

Are you thinking about retiring, or have you recently retired? This workshop will help you focus on what matters most to you, and help you build a financial strategy to achieve it.

Instructor: Christina Chervenak

Location: TBD

07123-01 | Ages 18+ | Thu | 7-8 p.m.

3/21 | 1 session | \$15

First-Time Home Buyers

Tired of renting? This class offers assistance and insights into the process of home ownership. Learn all you need to know about buying your first home: getting familiar with contracts, closing costs, inspections, down payments, appraisals, interest rates and negotiations. Get familiar with Down Payment Assistance Programs and how to qualify.

Instructor: Michael Olach

Location: RMHS

07300-01 | Ages 18+ | Wed | 6:30-8 p.m.

2/7 | 1 session | \$19

How to Sell Your Home for Top Dollar

How do you sell your house for top dollar in this market? Learn real estate sales and marketing strategies to assist you in successfully selling your property. Discussion will include market-driving trends, performing a market analysis, determining the value of your property, getting your home sale-ready, advertising and showing your home and handling an offer, including the basics of the required paperwork. You'll get insight on appraisals, home inspections and what to do—or not do—to get your home ready to sell.

Instructor: Michael Olach

Location: RMHS

07301-01 | Ages 18+ | Wed | 6:30-8 p.m.

1/10 | 1 session | \$19

Guide to Retirement

Whether you are 10 months or 10-plus years away from retirement, you need to be prepared for one of the biggest transitions of your life. In this class you will learn about different retirement savings accounts, how to maximize your savings, what your replacement ratio is and what role Social Security will play.

Instructor: John Daly

Location: PHS

07102-01 | Ages 18+ | Tues | 7-8:30 p.m.

2/6-2/13 | 2 sessions | \$30

Medicare & You - Understand the Basics

Turning 65 soon? Join us for a cupcake party celebrating your birthday and learn more about your Medicare coverage choices. There can be penalties if you do not enroll on time, so it is best to be informed and be ready to make decisions at least three months before turning 65.

Instructor: Le Anh Blanchard

Location: TBD

07117-01 | Ages 18+ | Thu | 6-7 p.m.

2/15 | 1 session | \$0

How to Buy a Second Home or Retirement Property

Ready to spend some time on the beach or on the ski slopes? Learn the best way to purchase your second home or vacation property in this course. Discussion will include information to make owning your second/retirement home a reality. During the class, we will also go over minimum down payments, credit requirements, affordability and the underwriting criteria needed for your purchase. This is not a class on buying or renting a timeshare.

Instructor: Michael Olach

Location: RMHS

07302-01 | Ages 18+ | Wed | 6:30-8 p.m.

2/28 | 1 session | \$19

DISCOVER:

Professional Development

Update your tech skills, expand your knowledge base, and become workforce ready by enrolling in one of our technology or professional development programs today.



Our wide range of affordable online classes allows you to improve your professional marketability while working from the convenience and comfort of your own home. We offer online coursework in the following categories:

- Art & Design
- Business
- Communications
- Construction & Trades
- Data Science
- Health & Fitness
- Hospitality
- Human Resources
- Information Technology
- K-12 Teacher Training
- Leadership
- Legal Studies
- Management
- Math & Science
- New Media Marketing
- Social Media for Business
- Training and Education
- Writing

To enroll in an online professional development course through one of our online course provider partners, visit the **Professional Development** page in the Adult Enrichment section of our website at ce.d214.org.

■ In today's fast-paced career marketplace, acquiring new professional skills and certifications has never been more important. Whether you're looking to switch careers, improve your technology skills or move up the ladder in your current industry, we have a solution for you.

ce.d214.org > Adult Enrichment

DISCOVER:

Special Interests

Pursue what you love or learn something new! Special interest programs include classes and workshops exploring hobbies, history, technology, gardening and more that enrich your life and expand your horizons.



Come Fly Indoors with Us

If you want to learn how to fly remote control (RC) airplanes, or if you are a seasoned veteran and want to hone your skills during the winter months, this is a class for you. Our “classroom” is the field house where we fly small to medium-sized electric RC planes in any weather. Most of our students are “repeat attenders” and have become good friends who enjoy sharing their knowledge with newcomers. So, if you are just starting out and need some help, or if you are looking for a comfortable place to fly during the winter, join us for fun and fellowship.

Instructor: Warren Bjork

Location: FVEC

06110-01 | Ages 18+ | Mon | 3:30-5:45 p.m.

1/8-3/18 | 9 sessions | \$89

Old Time Radio Troupe

Learn to perform radio shows from the 1930s to 1960s – from Jack Benny to “The Shadow.” We use original scripts and original sound effect methods to bring these classic shows back to life. There are small and large roles, as well as sound effects work to challenge inexperienced to well-seasoned students. In the last class, we will perform for a live audience at the Forest View Educational Center Theater.

Instructor: Steve Dillie

Location: PHS

06600-01 | Ages 18+ | Tue | 7-9 p.m.

1/9-3/19 | 11 sessions | \$89

Self-Defense Workshop

This workshop will help individuals learn how to recognize and react to dangerous situations. Strategies are discussed and practiced to develop awareness, along with the use of simple and effective self-defense techniques to deter and escape an attack.

Instructor: Gary Koelbel

Location: FVEC

06700-01 | Ages 18+ | Mon | 6:30-8:30 p.m.

TBD | 1 session | \$29

Adult Students Returning to Complete Their Degrees

Did you start your college degree and then life got in the way and you never had the chance to finish? Now is your chance! We have a program designed specifically for adult students who have college credits and who have busy lives. Come learn more about how you can complete your bachelor’s degree—all online. You may also be able to earn college credits from your work experience.

Instructor: Jackie Janesku

Location: ONLINE

06115-01 | Ages 18+ | Thu | 6-7 p.m.

3/7 | 1 session | \$0

Gardening & Floral

Ohara Ikebana - Introduction

Ikebana is the Japanese art of floral arrangement, which has been practiced for more than 600 years. Ikebana arrangements emphasize the natural shapes and graceful lines of the flowers, stems and leaves, while bringing together nature and humanity through shape, line and form.

This is a hands-on class where students learn the techniques, the rules and the philosophy of Ikebana by creating arrangements with flowers, leaves, branches and other materials found in the nature around us. This is an at-home class, and participants are responsible for purchasing or gathering their own flowers and materials. A list of required materials will be provided a few days prior to the class.

Instructor: E-Ling Lou

Location: ONLINE

06101-01 | Ages 18+ | Mon | 6-7 p.m.

1/8-2/12 | 5 sessions | \$59

06101-02 | Ages 18+ | Mon | 6-7 p.m.

2/26-3/18 | 4 sessions | \$49

Ohara Ikebana - Intermediate

This class builds on the fundamentals studied in the Introduction to Ohara Ikebana. In this class, advanced styles such as Hana-Isho and Moribana will be covered. This is a hands-on class where students learn the techniques and philosophies of Ohara Ikebana. This is an at-home class, and participants are responsible for purchasing or gathering their own flowers and materials. A list of required materials will be provided a few days prior to the class.

Instructor: E-Ling Lou

Location: ONLINE

06102-01 | Ages 18+ | Mon | 7:30-9 p.m.

1/8-2/12 | 5 sessions | \$79

06102-02 | Ages 18+ | Mon | 7:30-9 p.m.

2/26-3/18 | 4 sessions | \$69

Ohara Ikebana - Heika Workshop



Ohara Ikebana Heika is an arrangement made in a tall vase. The Heika of the Ohara School is a modern, sophisticated interpretation of the traditional ikebana. Heika is arranged using the technique of tome (stay), not flower holders. This is a hands-on workshop where participants will practice techniques to secure branches and floral stems in Heika arrangements. Branches and floral stems will be provided for this workshop. Participants are requested to bring a pair of floral scissors that can cut through woody stems, and a tall vase (10-12 inches).

Instructor: E-Ling Lou

Location: FVEC

06103-01 | Ages 18+ | Sat | 10 a.m.-Noon

3/2 | 1 session | \$39



Sprouts and Microgreens for Good Health



Sprouts and microgreens are mini vegetable plants that are easy to grow, yet packed with nutrients. Mark Lyons, an experienced master gardener, will tell you all about how to grow and use these nutritional powerhouses!

Instructor: Mark Lyons

Location: TBD

06206-01 | Ages 18+ | Tue | 7-8:30 p.m.

1/23 | 1 session | \$19

Spring Garden Preparation and Tools



Spring will soon be upon us, and that means it's time to get ready for another season of gardening. Mark Lyons, an experienced garden coach, will discuss tools and techniques for getting your garden ready for spring planting.

Instructor: Mark Lyons

Location: TBD

06203-01 | Ages 18+ | Tue | 7-8:30 p.m.

3/19 | 1 session | \$19

Growing and Using Lavender in the Midwest



Join us for a Lavender Extravaganza! Discover the art of growing, harvesting and using lavender from a midwest garden. Discuss lavender-infused teas, treats, sachets and more. Savor the star of the show: lavender chocolate brownies.

Instructor: Marcy Lautanen-Raleigh

Location: TBD

06205-01 | Ages 18+ | Tue | 7-9 p.m.

3/5 | 1 session | \$49

Gifting With Herbs - Spring Edition

Join us as we guide you through the step-by-step process of creating a wide range of unique presents for both men and women. With fresh and dried herbs, along with other plant materials, you'll master the art of crafting culinary blends, baking mixes and cocktail ingredients, as well as potpourri and special fragrance items.

Instructor: Marcy Lautanen-Raleigh

Location: TBD

06207-01 | Ages 18+ | Tue | 7-9 p.m.

3/12 | 1 session | \$39

Discover: Special Interests

Technology

How to Present Social Media Analytics with Ease

Expand your skills as you learn the basics to discuss social media analytics from Facebook, Instagram and YouTube. This critical skill is a must for anyone of all ages, whether you're an employee, small business owner, student or volunteer, etc. You will learn a step-by-step process so that you can get started today and confidently present and discuss how a post performed on social media.

Instructor: Nickie Welsh, Social Club Simple

Location: ONLINE

06912-01 | Ages 18+ | Tue | 12-1 p.m.

2/6 | 1 session | \$25

Social Media for Business

Driving new customer traffic to your website and promoting your business is imperative in today's technology world. Don't let your skillset or company get left behind by missing the key social media rules you need to know! In this class, you'll learn how to craft a simple but effective social media marketing strategy, listen directly to customers and implement tips to grow your business, all while staying organized and without technology overload.

Instructor: Nickie Welsh, Social Club Simple

Location: ONLINE

06902-01 | Ages 18+ | Thu | 12-1 p.m.

1/11 | 1 session | \$25

Google Sheets for Awesome Beginners

Expand your skills with Google Sheets and use this training for a lifetime! Whether it's for work or for play, this class will teach you comprehensive skills which will turn you from a Sheets novice into a Sheets expert. You will learn to enter, organize, refine, analyze and visualize your Google Sheets.

Instructor: Nickie Welsh, Social Club Simple

Location: ONLINE

06900-01 | Ages 18+ | Tue | 12-1 p.m.

2/13 | 1 session | \$25

Using Snapchat Safely in 2024

Have you wondered what Snapchat is, exactly? In this workshop, we will cover everything adults need to know about one of most popular social media apps in the world. Stay up-to-date in today's digital world with this fun and informational class. Attendees will learn the basic fundamentals of how the app works, how to set up safety features, how to check for profile details and how advertisers work to target audience members.

Instructor: Nickie Welsh, Social Club Simple

Location: ONLINE

06904-01 | Ages 18+ | Thu | 12-1 p.m.

1/18 | 1 session | \$25

A Parent's Guide to TikTok

In this fun class, we'll take a look at TikTok, the fastest-growing social media app used by millions each day. Learn how it's used and how parents can help their kids stay safe while on it. We'll cover everything you need to know as it's paving the future of a new social media.

Instructor: Nickie Welsh, Social Club Simple

Location: ONLINE

06905-01 | Ages 18+ | Tue | 12-1 p.m.

1/23 | 1 session | \$25

How To Create Your Own YouTube Channel

In this fun beginner class, you'll learn the basics to create and begin your very own YouTube channel. Join the world's largest media platform to share your hobbies, advice, instructions, gifts and more with the world!

Instructor: Nickie Welsh, Social Club Simple

Location: ONLINE

06909-01 | Ages 18+ | Thu | 12-1 p.m.

2/1 | 1 session | \$25

Podcasts for Beginners

Have you heard about podcasts and would like to learn more? In this class, you will learn all about how to listen to these digital audio shows online, select your favorite topics and even learn about any subject. You'll see how podcasts are now one of the most popular tools for learning and personal growth, as well as a fun form of entertainment! No prior experience required. Learn how to download a podcast app, understand the different categories to choose from, how to subscribe to a podcast you enjoy and how to listen to them while in your home, car or out for a walk.

Instructor: Nickie Welsh, Social Club Simple

Location: ONLINE

06903-01 | Ages 18+ | Tue | 12-1 p.m.

1/9 | 1 session | \$25

How to Use Uber for Transportation Independence

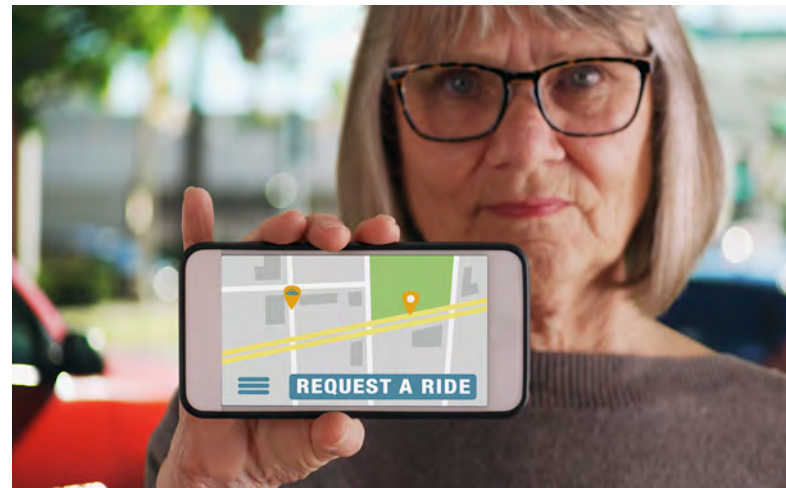
Do you hate to drive in bad weather or when it's dark outside? Expand your transportation options and independence through the ride-sharing service Uber. In this training workshop, students will learn the basics and gain the knowledge on how to use Uber if needed. No experience required and training materials will be provided for each attendee.

Instructor: Nickie Welsh, Social Club Simple

Location: ONLINE

06907-01 | Ages 18+ | Thu | 12-1 p.m.

1/25 | 1 session | \$25





Cell Phones & Parenting - Oh My!

When your child has a smartphone, there are key things you should know in order to keep them safe and secure. In this class, you'll understand recommended safety settings on popular social media apps, parental apps for your child's smartphone and more. We simplify this complicated technology so that you and your child can use the phone safely and without worry.

Instructor: Nickie Welsh, Social Club Simple

Location: ONLINE

06908-01 | Ages 18+ | Tue | 12-1 p.m.

1/30 | 1 session | \$25

Grow Your Business with Instagram

What can you do on Instagram that can result in huge growth for your customer base and sales? We've got the answers you need in this fun beginner class to grow your business with Instagram. You'll learn the key steps needed in order to improve your company's bottom line and also gain more followers. Plus, you'll learn to make your content irresistible—and have fun in the process!

Instructor: Nickie Welsh, Social Club Simple

Location: ONLINE

06906-01 | Ages 18+ | Tue | 12-1 p.m.

1/16 | 1 session | \$25

My Kid Wants to be a YouTuber - Help!

Does your child dream of having their own YouTube channel? Eliminate the worry with this helpful class as we walk you through the steps on how to set up a YouTube channel, including safety settings and things to consider if a child has their own channel. Parents will learn the basic practical business skills when it comes to managing your own channel. You'll learn how this hobby can become a practical career, understand safety practices and even create fun videos! Parents will leave the class with helpful guidelines to get a safe start for their child's new creative outlet. Please note, children must be age 13 and have parental permission to start a YouTube channel.

Instructor: Nickie Welsh, Social Club Simple

Location: ONLINE

06911-01 | Ages 18+ | Thu | 12-1 p.m.

2/8 | 1 session | \$25

How to Use Venmo Safely in 2024

Stay up-to-date by expanding your technology knowledge and learn what you need to know about the mobile payment service called Venmo. Learn how to pay friends or businesses or receive money without using cash or checks. You'll leave this class with a confident understanding of how to set up Venmo safely, how to avoid fees, and discuss real world scenarios you or your family and friends may use with this mobile payment option.

Instructor: Nickie Welsh, Social Club Simple

Location: ONLINE

06901-01 | Ages 18+ | Thu | 12-1 p.m.

2/15 | 1 session | \$25

Advanced iPhone & iPad Tips and Tricks



Are you comfortable using your iPhone or iPad, but would like to learn more to get the most out of it? You will learn a variety of advanced tips, tricks, and settings that will allow you to maximize your use and become a power user. This class is entirely student-driven so be sure to bring your questions!

Instructor: Michael Gershbein

Location: RMHS

06910-01 | Ages 18+ | Wed | 7-9 p.m.

3/20 | 1 session | \$35

DISCOVER:

Youth and Family

Learn new skills, develop self-confidence and discover the love of learning while having fun.

Learn2Swim registration begins
December 6th at 10:00 a.m.



Core Aquatics

Learn2Swim

This class focuses on water adjustment, floating and breathing all while building water confidence in younger swimmers. Each swimmer will progress through our robust curriculum individualized to their own skill level. Skills learned include: developing comfort with water on their face; submersion; moving through the water on their own; rising and floating on both their fronts and backs—and eventually incorporating kicking and movement; introduction to breathing techniques including maintaining the float position while breathing; mastering strong propulsion for recreation and pre-competitive swimming; basic water safety and the dos/don'ts of recreational swim.

Instructor: Core Aquatics Coaching Staff

Location: PHS

21104-01 | Ages 3-13 | Sun | 10:15-10:45 a.m.

1/21-3/17 | 8 sessions | \$145

21104-02 | Ages 3-13 | Sun | 10:55-11:25 a.m.

1/21-3/17 | 8 sessions | \$145

Swim Team Prep

This program expands on the Learn2Swim program to include learning competitive swim team skills for aspiring competitive swimmers. Swimmers do not need to know breaststroke or butterfly to be on pre-swim team, but are required to know the basics of freestyle and backstroke and to be able to swim 12.5 yards of the pool unassisted by equipment (such as fins or kickboards). Skills and drills are taught to enhance stroke technique and teach breaststroke and butterfly, starts and streamlines. Practice/lessons are run in a swim team style with sets, drills, starts and finishes. Swimmers must purchase equipment including a kickboard and fins.

Instructor: Core Aquatics Coaching Staff

Location: WHS | PHS

21105-01 | Ages 6-13

WHS | Wed | 6:10-6:55pm

PHS | Sat | 12-12:45pm | Sun 11:45am-12:30pm

11/29/23-2/18/24 | \$279

Core Aquatics Swim Team

The Core Aquatics Swim Team is a competitive swim team for young athletes ages 6-18. We believe in starting from the foundation and focusing on stroke proficiency while incorporating all aspects of racing. The team centers on maximizing efficiency as the foundation to

competitive racing while building speed through technique precision. Swimming with Core Aquatics promotes teamwork, cultivates individual responsibility and encourages personal goal achievement – all while encouraging a lifelong love of swimming.

Please note: All Core Aquatics Swim Team members must also be members of USA Swimming and pay the yearly membership fee.

Swim Team - Orange Squad

This is the first introduction to swim team and racing. Proper mechanics are required, with an emphasis on racing and competing. Open to graduates from our Swim Team Prep program, or swimmers who can demonstrate the ability to swim all four competitive strokes, as well as show confidence diving from the blocks. Primarily a **7 to 8-year-old** age group. Choose to attend 3 of the 4 practices offered per week.

Swim Team - Blue Squad

The Blue Squad focuses on stroke technique and endurance as key aspects for developing all four competitive strokes. Open to former Core Aquatics Orange Squad members, or swimmers who can demonstrate an ability to legally swim all four competitive strokes for 50+ yards, including proper turns and diving off the blocks. Primarily a **9 to 10-year-old** age group. Choose to attend 4 of the 5 practices offered per week.

Swim Team - Silver Squad

The Silver Squad features continued race training and development of advanced swim techniques for junior high-aged and advanced younger swimmers. Open to former Core Aquatics Blue Squad members, or swimmers who can demonstrate an ability to legally swim all four competitive strokes for 100+ yards, including proper turns and diving off the blocks. Must be able to swim 1000+ yards of freestyle nonstop. Primarily an **11 to 12-year-old** age group. Choose to attend 4 of the 5 practices offered per week.

Swim Team - Navy Squad

The elite Navy Squad is for senior level and advanced swimmers training for success at the high school level and beyond. This level is based on invitation only from the Head Coach and requires additional commitment to training and dry land opportunities. Open to former Core Aquatics Silver members, or swimmers who have experience swimming on their high school varsity team. Must commit to 90% practice attendance per week, on-time arrival for all practices, and commitment to train at a high level for the duration of the season. Choose to attend 5 of the 6 practices offered per week.

Cultural & Performing Arts

All performances are held in the Forest View Educational Center Theater.

Visit our website at ce.d214.org/events
for more information, performance dates and to reserve tickets.



Arlington Heights Community Concert Band

December 17, 2023 • 3 p.m.
February 25, 2024 • 3 p.m.
April 21, 2024 • 3 p.m.



Northwest Symphony Orchestra

February 4, 2024 • 3 p.m.
March 17, 2024 • 3 p.m.
April 28, 2024 • 3 p.m.



Arlington Jazz Exchange

December 10, 2023 • 3 p.m.
April 14, 2024 • 3 p.m.
July 30, 2024 • 7 p.m.



Arlingtones

December 3, 2023 • 3 p.m.



Old Time Radio Troupe

March 19, 2024 • 7 p.m.



The Theater Lab Presents: "Inherit the Wind"

January 26, 2024 • 7:30 p.m.
January 27, 2024 • 3 p.m.
January 27, 2024 • 7:30 p.m.
January 28, 2024 • 3 p.m.

The Forest View Educational Center Theater
2121 S Goebbert Rd, Arlington Heights, IL 60005 • (847) 718-7700



DISCOVER:

Adult Education



Register now!

Please check the Adult Education website now for class registration and more information: <https://ce.d214.org/adulted/>. Online registration opens in mid-December, and assessment appointments start in mid-January.

Classes begin in January and February.
Classes are in person unless marked as online/Zoom.

Scan this code to register online:



Winter registration and classes at the District 214 Forest View Educational Center will be held in Building C. Students will enter at Door 30 at the south end of the building.



English as a Second Language (ESL)

English language learners study English to gain the knowledge and skills to attain a secondary school diploma or transition to post-secondary education and training through career pathways. We offer beginning through advanced levels. For information, call 847-718-7725.

**See Family Literacy on page 31 for child care information.*

Para más información llame al 847-718-7911.

Location: Forest View Educational Center, 2121 S. Goebbert Rd.,
Arlington Heights

Classes: Monday and Wednesday, 9 a.m.-12 noon, 12:30-3:30 p.m.
or 6-9 p.m.

Location: Schaumburg Township District Library, 130 S. Roselle Rd,
Schaumburg

Classes: Tuesday and Thursday, 12:30-3:30 p.m.

Location: Arlington Heights Memorial Library, 500 N. Dunton Avenue,
Arlington Heights

Classes: Thursday, 12:30-3:30 p.m.

Location: Online via Zoom. Advanced ESL classes only

Classes: Monday and Wednesday, 9 a.m.-12 noon or 6-9 p.m.

Family Literacy: Parent/Child Interaction*

The Family Literacy program is an educational opportunity for children of students in our Adult Education and Literacy classes. Morning classes are for children who turn 2-5 years old before Sept. 1 of the current school year. Evening classes are for children who turn 3-10 years old before Sept. 1 of the current school year. The child must enroll with a family member who is taking an Adult Education and Literacy class. The family member who enrolls the child must participate in a half-hour Parent/Child Activity during the child's class. Space in the children's rooms is limited.

For more information, please call or email:

Carinna Tello at 847-718-7722 or carinna.tello@d214.org

Monica Molina at 847-718-7911 or monica.molina@d214.org

The Catherine M. Lee Women's and Children's Center

The Catherine M. Lee Women's and Children's Center helps female immigrants gain skills in speaking, listening, reading and writing English to increase their readiness skills for gaining employment and to help their children succeed in school. Children ages 5 and under may attend early childhood education classes while their mothers attend classes. Students must participate in the entire program, including classes three mornings per week in English as a Second Language (ESL), Employability Skills, Digital Literacy, Parent Education and Tutoring. Students must also participate in library visits and parent-children interactive activities.

Space in the children's rooms is limited.

Location: Forest View Educational Center, 2121 S. Goebbert Rd., Arlington Heights

Classes: Tuesday, Thursday and Friday from 9 a.m.-12 noon

For more information, please call or email:

Carinna Tello at 847-718-7722 or carinna.tello@d214.org

Monica Molina at 847-718-7911 or monica.molina@d214.org

College and Career Ready Classes

Adult Basic Education helps participants enhance their employability skills with the reading, writing and math needed to be "College Ready" and transition into high-demand jobs or post-secondary education. We teach valued work skills such as Critical Thinking, Information Technology Applications, Career Management, Resume Development, Soft Skills, Teamwork, Exploring Career Pathways, Presentational Skills and Interviewing Techniques.

Location: Forest View Educational Center, 2121 S. Goebbert Rd., Arlington Heights

Classes (13 weeks): Tuesday and Thursday, 9 a.m.-12 noon (in person) or 6-9 p.m. (online)

Contact information: To determine if you qualify or for more information, contact Julie Frost at (847) 718-7876 or julie.frost@d214.org

Illinois High School Equivalency Certificate/State of Illinois High School Diploma

We will prepare you to take the GED® Computer-Based Test.

Location: Forest View Educational Center, 2121 S. Goebbert Rd., Arlington Heights

Classes (13 weeks): Monday, Tuesday, and Wednesday mornings, 9 a.m.-12 noon OR Tuesday, Wednesday, and Thursday evenings, 6-9 p.m.

Contact information: Nicol Engel at 847-718-7953 or nicol.engel@d214.org

**See Family Literacy for child care information.*

Reading 101

Read with understanding and fluency. Write clearly and build your vocabulary.

Location: Forest View Educational Center, 2121 S. Goebbert Rd., Arlington Heights

Classes (13 weeks): Monday and Wednesday, 9 a.m.-12 noon OR Tuesday and Thursday, 6-9 p.m. (online)

Contact information: Nicol Engel at 847-718-7953 or nicol.engel@d214.org

Writing 101: Bridge to Academic and Professional Writing

Learn how to write essays, business letters and other compositions that will increase your ability to communicate effectively through better writing. This class is for students who are co-enrolled in any of our other Adult Education programs.

Location: Forest View Educational Center, 2121 S. Goebbert Rd., Arlington Heights

Classes (13 weeks): Thursday, 9 a.m.-12 noon

Contact information: Nicol Engel at 847-718-7953 or nicol.engel@d214.org

Spanish GED®

Clases de preparación para el examen de GED® en español

Certificado de Equivalencia de la Educación Preparatoria

Para determinar si usted califica para tomar la clase de preparación de GED® en español, tendrá que hacer un examen antes de que comience la clase. Este examen se hará el día de las inscripciones y tendrá una duración de 3 horas.

Ubicación: Forest View Educational Center (¡No hay cuidado de niños!)

Clases: martes y jueves de 6-9 p.m.

Ubicación: Wheeling High School, 900 S. Elmhurst Rd., Wheeling

Clases: lunes y miércoles, 6-9 p.m.

Para más información, llame o mande un mensaje por correo electrónico a Carinna Tello 847-718-7722; carinna.tello@d214.org, o Monica Molina 847-718-7911; monica.molina@d214.org

U.S. Citizenship Test Preparation

If you are a permanent resident, consider applying for American citizenship. We can help you become an American citizen.

Location: Forest View Educational Center, 2121 S. Goebbert Rd., Arlington Heights

Classes: Monday and Wednesday, 6-9 p.m.*

Tuesday and Thursday, 9 a.m.-noon*

Tuesday and Thursday, 6-9 p.m. Instructor speaks English.

Tuesday and Thursday, 6-9 p.m. Instructor speaks English and Polish.

Saturday, 9 a.m.-2 p.m. Instructor speaks English and Spanish.

Saturday, 9 a.m.-2 p.m. Instructor speaks English and Polish.

Saturday, 9 a.m.-2 p.m. Instructor speaks English.

Saturday, 9 a.m.-2 p.m. Instructor speaks English, Ukrainian and Russian.

**See Family Literacy for child care information.*

Location: Schaumburg Township District Library, 130 South Roselle Rd., Schaumburg

Classes: Monday and Thursday, 5:45 p.m.-8:45 p.m.

Location: Hoffman Estates Branch Library, 1550 Hassell Rd., Hoffman Estates

Classes: Saturday, 9:30 a.m.-2:30 p.m.

For more information, contact Ewa Crowe at 847-718-7730 or ewa.crowe@d214.org or Monica Molina at 847-718-7911 or monica.molina@d214.org

Discover: Adult Education

Health Career Bridge (online)

Students will study the State Healthcare Curriculum and increase reading and math skills while using health vocabulary and contexts. This bridge will lead to enrolling in a certificate program in a post-secondary school.

To determine if you qualify or for more information, contact Julie Frost at 847-718-7876 or julie.frost@d214.org

Health Career Pharmacy Technician I-CAPS 2 (in person)

Students are required to enroll in a post-secondary tuition-based program and begin pursuing a pharmacy technician certificate. This is a support class to accompany the certificate program and strengthen math, reading and language skills.

Location: Northwest Suburban College, 5999 New Wilke Rd., Bldg. 500, Rolling Meadows

Visit <https://www.ce.d214.org/career-pathways> for updated information.

To determine if you qualify or for more information, contact Julie Frost at 847-718-7876 or julie.frost@d214.org

Manufacturing Career Bridge (online)

Students will study the Statewide Manufacturing Curriculum and increase reading and math skills while using manufacturing vocabulary and contexts. This bridge will lead to enrolling in a credential program with us or at a post-secondary school.

To determine if you qualify or for more information, contact Julie Frost at 847-718-7876 or julie.frost@d214.org

Manufacturing Career Pathway, I-CAPS 2

Students attend classes on the pathway curriculum and an additional support class reviewing the lab class to improve reading, vocabulary and math skills. Students will take tests for NIMS Quality Control (MMS), NIMS Lathe and Mill credentials, and HAAS credentials for Lathe and Mill at the end of two semesters.

Location: Wheeling High School, 900 S. Elmhurst Rd., Wheeling, and Zoom

Registration: See website: <https://www.ce.d214.org/career-pathways>

Classes (16 weeks): Three evenings, 6:30-9:30 p.m.

To determine if you qualify or for more information, contact Julie Frost at 847-718-7876 or julie.frost@d214.org



ADA Accommodations

It is the policy of the Community Education program to provide reasonable accommodations on an individualized basis to students who have disabilities that may affect their ability to participate in class activities or to meet class requirements. Students with disabilities can contact Julie Frost at 847-718-7876 or julie.frost@d214.org to discuss their needs.

Read to Learn Adult Literacy/Volunteer Program

One-to-one tutoring helps adult learners with basic English reading and writing skills. Learners must have basic English speaking skills. Learners may only attend one location. Trained volunteers work with individual learners.

Pre-registration will take place online beginning in mid-December. All students, both new and returning, must pre-register. New students must also test. Testing will be conducted at each individual location on the dates and times listed below. Check the website for more information: <https://ce.d214.org/readtolearn> or call our office at (847) 718-7724.

Materials donation: \$15.

Our Saviour's Lutheran Church, 1234 N. Arlington Heights Rd., Arlington Heights

(Testing for new students Jan. 22, 2024)

Classes: Monday, Feb. 5-April 22, 9:30 a.m.-12 noon

Schaumburg Township District Library, 130 S. Roselle Rd., Schaumburg

(Testing for new students Jan. 22, 2024)

Classes: Monday, Feb. 5-April 22, 9:30 a.m.-12 noon

Arlington Heights Memorial Library, 500 N. Dunton Ave., Arlington Heights

(Testing for new students Jan. 23, 2024)

Classes: Tuesday, Feb. 6-April 30, 9:30 a.m.-12 noon

Prince of Peace Lutheran Church, 930 W. Higgins Rd., Schaumburg

(Testing for new students Jan. 23, 2024)

Classes: Tuesday, Feb. 6-April 16, 12:30-3:00 p.m.

Indian Trails Public Library, 355 Schoenbeck Rd., Wheeling

(Testing for new students Jan. 24, 2024)

Classes: Wednesday, Feb. 7-April 17, 9:30 a.m.-12 noon

Elk Grove Village Public Library, 1001 Wellington Rd., Elk Grove Village

(Testing for new students Jan. 24, 2024)

Classes: Wednesday, Feb 7-April 17, 9 a.m.-11:30 a.m.

Schaumburg Township District Library, 130 S. Roselle Rd., Schaumburg

(Testing for new students Jan. 24, 2024)

Classes: Wednesday, Feb 7-April 17, 9:30 a.m.-12 noon

Continued on page 33.

Read to Learn Adult Literacy/Volunteer Program

Continued from page 32.

Arlington Heights Memorial Library, 500 N. Dunton Rd.,
Arlington Heights

(Testing for new students Jan. 24, 2024)

Classes: Wednesday, Feb. 7-April 24, 6:30-9:00 p.m.

Forest View Educational Center, 2121 S. Goebbert Rd., Arlington Heights

(Testing for new students Jan. 25, 2024)

Classes: Thursday, Feb. 8-April 18, 9:30 a.m.-12 noon

Rolling Meadows High School Library, 2901 Central Rd.,
Rolling Meadows

(Testing for new students Jan. 25, 2024)

Classes: Thursday, Feb. 8-April 25, 7-9:30 p.m.

Mount Prospect Public Library, 10 S. Emerson, Mount Prospect

(Testing for new students Jan. 26, 2024)

Classes: Friday, Feb. 9 - April 26, 9:30 a.m.-12 noon

Read to Learn Tutor Training Dates

Friday, Jan. 19, 2024 for returning tutors, 9:45 a.m.-12 noon

Saturday, Jan. 20, 2024 for new tutors, 8:30 a.m.-12 noon

Visit <https://ce.d214.org/readtolearn> for more information

or call 847-718-7724

Beginning Together Prevention Initiative Program

The Beginning Together program offers twice-monthly home visits for expectant parents and families with children from birth to age 3, who qualify to receive services based on different need indicators. Our home visits provide an opportunity to promote and monitor the child's development, support parent and child interaction, help parents prepare their children for later school success, and guide parents to look for educational and career opportunities to thrive using the Baby TALK Curriculum.

The program also provides monthly family group encounters for children and caregivers to engage and socialize, and parent workshops to support parenting. Families enrolled in the program must participate in all the program activities and events.

A toy lending library and parent resource library are available for families. Home visits and group events are offered mornings, evenings and Saturdays.

Services: in-person and virtually

Bilingual English/Spanish services are offered.

Registration: Open all year round. Space is limited.

This program's services and activities are free.

Contact Veronica Marquez at 847-718-7952 or veronica.marquez@d214.org.

<https://ce.d214.org/adult-classes/prevention-initiative/>

Read about Adult Education Success stories on pages 10-11 or online at ce.d214.org/aeft-stories.



Scan this code to register online for services

Our program also offers free developmental screenings to children aged 3 months-36 months who live within District 214 boundaries (enrollment is not necessary).



Code to register online for free screenings

Funding for Adult Education Programs/Stevens Amendment

The District 214 Community Education Adult Education and Family Literacy Program is supported in part by the Illinois Community College Board, which includes federal funds totaling \$393,071. Approximately 1% (\$14,500) of this program is supported with non-government sources.

The Read to Learn Adult Literacy/Volunteer Program, the Catherine M. Lee Women's and Children's center and the Family Literacy Program are made possible by grants awarded by the Illinois State Library (ISL), a division of the Office of the Secretary of State, using funds designated for literacy. The U.S. Citizenship Preparation Program is funded in part by the Illinois Department of Human Services. The Schaumburg Township District Library supports Citizenship classes offered at that location. No federal funds supported the U.S. Citizenship Preparation or Spanish GED classes.



Registration Information

How To Register

We have 4 easy ways to register!

1. **Online.** Visit our website at ce.d214.org and click the red 'Register Now' button in the top menu bar to visit our online registration center to register and pay online via credit, debit or ACH. Online registration is fast, easy and open 24 hours a day, 7 days a week!
2. **By phone.** Call our office at 847-718-7700 during regular business hours to register and pay via credit card by phone.
3. **In person.** Visit our office in the Forest View Educational Center (enter through door 30) during regular business hours to register and pay via credit card, cash or check.
4. **By mail.** Complete the form on the following page and mail it along with your payment by check or credit card to the address listed on the form.

Registration Policies

Please visit our website at ce.d214.org for complete registration information including all policies and procedures, or scan the QR code above to easily access our policies and procedures page. Enrollment in any program through D214 Community Education indicates that you agree to all terms, conditions and policies pertaining to D214 Community Education Programs.

SCAN ME



Contact Us

Community Education Office
2121 S. Goebbert Rd.
Arlington Heights, IL 60005

► Enter through door 30.

Phone: 847-718-7700

Email: ce@d214.org

Website: ce.d214.org

Office Hours:

Mon-Fri: 8 a.m.-4 p.m.





High School District 214 Community Education

2121 South Goebbert Road
Arlington Heights, IL 60005

phone: 847-718-7700 ■ ce.d214.org

4 Ways to Register:

- online: ce.d214.org
- phone: 847-718-7700
- mail or 2121 South Goebbert Road
- walk-in | Arlington Heights, IL 60005

Registration Form

Participant Information

First Name: _____ Last Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Primary Phone: _____ Mobile (or other) Phone: _____

Email: _____

☐ Yes, add me to the District 214 Community Education email list.

Participant (First/Last Name)	Program Name	Program Number	Fee
			\$
			\$
			\$
I would like to donate to the District 214 Foundation 501(c)(3): <input type="checkbox"/> \$10 <input type="checkbox"/> \$20 <input type="checkbox"/> \$ _____			\$
Total Payment			\$

Payment Information

Method of Payment (check one): ☐ Cash ☐ Check (payable to **District 214 Community Education**) ☐ Credit Card



Credit Card (check one): ☐ Visa ☐ Mastercard ☐ Discover

Cardholder Name (Please print as it appears on card): _____

Cardholder Signature: _____

Card Number: _____

3 Digit Security Code (back of card): _____ Card Expiration Date: _____

Township High School District 214 and District 214 Community Education Waiver, Hold Harmless, and Indemnification Terms

I recognize and acknowledge that there are certain risks of physical injury or illness to participants in the course or courses identified on this registration form (the "Course"), and I voluntarily agree to assume the full risk of any and all injuries, illnesses, damages or loss, regardless of severity, that I or my minor child/ward sustain as a result of participation.

I release and discharge Township High School District 214, District 214 Community Education, including the Board of Education, its members, employees, agents and volunteers ("District 214 and District 214 Community Education") from any and all claims from injuries or illnesses, including death, damages or losses which I or my child/ward may have or which may accrue on account of participation in the Course. I further agree to indemnify, hold harmless and defend District 214 and District 214 Community Education from any and all claims resulting from injuries or illnesses, including death, damages and losses that I or my child/ward sustain arising out of, connected with or in any way associated with the activities of the Course.

It is my express intent that this waiver and release shall bind the members of my family, spouse, heirs, assigns and personal representatives and shall be deemed as a release, waiver, discharge and covenant not to sue District 214 and District 214 Community Education.

In the event of an emergency, I authorize District 214 to secure from any licensed hospital, physician and/or medical personnel any treatment deemed necessary for my or my child/ward's immediate care and agree that I or my child/ward will be responsible for payment of any and all medical services rendered.

Exposure to infectious diseases (including but not limited to COVID-19, H1N1 Influenza, etc.) is an inherent risk in any public location where people are present; we cannot guarantee you will not be exposed during your class. The CDC advises that older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from Coronavirus. Adult Community Education participants and parents of participants under 18 years of age should evaluate their own risk in determining whether to attend classes and events. People who show no symptoms may be able to spread Coronavirus if they are infected, and any interaction with the general public poses an elevated risk of being exposed to Coronavirus. By participating in a D214 Community Education program, you acknowledge and agree that you assume these inherent risks associated with attendance.

I have read and understand the registration form, including the warning of risk, assumption of risk and waiver and release of all claims.

If any term, covenant, condition or provision of this registration form is held by a court of competent jurisdiction to be invalid, void or unenforceable, the remainder of the provisions shall remain in full force and effect and shall in no way be affected, impaired, or invalidated.

Signature of Parent/Guardian/Participant 18+

(Must sign to process registration)

**Personal
Finance**
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Culinary
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**Special
Interests**
p. 24



**Adult
Education**
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**Register
Online @**
ce.d214.org

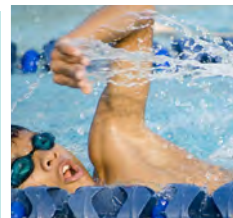
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The cost of this program guide as well as the classes and programs we offer are funded through a combination of grants, donations and participant fees.